

Baltic Judo Championships  
2022



**BALTIC**  
**JUDO CHAMPIONSHIP**

Riga, LATVIA

29th January, 2022

## 1. PROGRAM

LOCAL TIME	PROGRAM	PLACE
<b>Friday, January 28<sup>th</sup></b>		
18:00-19:00	Accreditation, Official weigh-in <b>U18, U-21</b>	LJF office E.Birznieka-Upīša 21e
<b>Saturday, January 29<sup>th</sup></b>		
9:00-9:30	Unofficial weigh-in <b>U18, U21</b>	Sport Hall E.Birznieka-Upīša 21e
9:30-10:00	Official weigh-in <b>U18</b>	
10:30	Draw <b>U18</b>	
11:00	Eliminatory rounds, Repechage, SF	
<b>Saturday, January 29<sup>th</sup></b>		
14:00-14:30	Unofficial weigh-in <b>U21</b>	Sport Hall E.Birznieka -Upīša 21e
14:30-15:00	Official weigh-in <b>U21</b>	
15:30	Draw <b>U21</b>	
16:00	Eliminatory rounds, Repechage, SF	

**Attention: The program is provisional. The schedule of the contests may be modified according to the total number of entries.**

## 2. ORGANIZER

Latvian Judo Federation

Address: E.Birznieka-Upīša 21e, Rīga, LV-1011

Sport Hall address: E.Birznieka-Upīša 21e, Rīga, LV-1011

Emergency contacts:

Mrs. Julija Lescinska +371 28353012; Mr. Gatis Milenbergs +371 27844118

### **3. PARTICIPATION**

#### **Nationality**

This Baltic Judo Championships is open for Members of the Latvian Judo federation, Estonian Judo association and Lithuanian Judo federation. The competitors must be of the same nationality as the country, which enters them.

#### **Age**

U18 age group - the competitors must be born between 2005 and 2007.

U21 age group - the competitors must be born between 2002 and 2007.

### **4. INSCRIPTION**

#### **LDF registration**

Registration for the tournament will take place via LJF electronic system (<http://sportists.info/judo/login.php>) until 24:00 on Wednesday, January 26.

### **5. ENTRY FEE**

The clubs must pay an entry fee of 30 Euro per participating competitor (according to their numerical entry) to the following bank account by January 28th 2022:

Biedriba "Latvijas Dzudo federacija"

LV40008023336

Swedbank AS

LV59HABA0551044257436

HABALV22

### **6. DEADLINES**

LDF Registration system: January 26th, 2022

### **7. ACCREDITATION**

The time frames and place for check-in and accreditation are specified in the program. Clubs must arrive and check-in according to the time limits provided. The contact person's name and phone number for each delegation should be given.

## **8. TECHNICAL INFORMATION**

### **8.1 COMPOSITION OF DELEGATION**

Each club may enter unlimited number of athletes for men and for women in each weight category.

### **8.2 COMPETITION FORMULA**

The Competition will be held using Double Repechage System.

### **8.3 DURATION OF CONTEST**

4 minutes and Golden Score without limit.

### **8.4 WEIGHT CATEGORIES**

#### **U18**

Women: -40, -44, -48, -52, -57, -63, -70, +70kg

Men: -50, -55, -60, -66, -73, -81, -90, +90 kg

#### **U21**

Women: -48, -52, -57, -63, -70, -78, +78 kg

Men: -60, -66, -73, -81, -90, -100, +100 kg

### **8.5 WEIGH-IN**

The official weigh in of athletes will be scheduled one day before (28.01.2022) and the competition day 29.01.2022 (see program). U18 athletes are not allowed to weigh-in naked. Boys must wear at least underwear and girls at least underwear and a T-shirt. Additional 100g will be allowed for their weight category limits. Athletes must present accreditation card and his/her passport (National ID Card showing nationality and date of birth are also accepted).

### **8.6 DRAW**

The draw time and place are stated in the program.

### **8.7 AWARDS**

First place: Gold medal and diploma

Second place: Silver medal and diploma

Two Third places: Bronze medals and diploma

## **9. JUDO GI CONTROL**

Will be operated with a Sokuteiki prior to the fight.

All Judoka must have white and blue judogi.

All Judoka must compete in IJF Approved Judogi (blue our red label allowed)

## **10. REFEREEING**

### **11.1. REGISTRATION OF REFEREES**

Each federation may enter 3 referees. The organizing federation may enter as many referees as required for the realization of the tournament. The requirement in refereeing is at least the highest national license with at least 2 years of experience.

### **11.2. REFEREE MEETING**

A referee meeting is scheduled on the first competition day – 1 hour before beginning of competitions. Time and place are stated in the program. The attendance to the Referee meeting is strictly compulsory.

### **11.3. REFEREEING RULES**

The competition will be carried out according to the rules and sporting codes of the IJF and EJU.

## **11. COACHING**

Code of behavior of coaches as defined in the IJF Sports and Organization Rules, Annex 4 will be strictly observed.

- Coaches are not allowed to give indications to the competitors while they are fighting.
- Only during the pause time (after matte), coaches are permitted to give indications to their athletes.
- After the pause is finished, and the fight continues (hajime), coaches must keep silent.
- If coach does not follow these rules, she/he can be expelled from the competition area.
- If coaches persist with such behavior the Accreditation will be taken away for the day. If the coach still persists with this behavior from outside the competition area, she/he could be penalized.

## **12. AWARDING CEREMONY**

All competitors who won a medal have to attend the ceremony to receive their medal in person. If a competitor is absent during the awarding ceremony for no valid reason, he/she will lose the right to have the medal. It is strictly forbidden for competitors on the podium to bring national flags or the similar identification other than the one represented in the regular manner on their equipment. Any demonstration of religious, political, personal or commercial sign is prohibited and

so is wearing a cap or any other head cover.

### **13. Regulations to minimize COVID-19 related risks**

The fundamental principle throughout all EJU events during the Covid-19 era is to protect and be protected by wearing a mask, sanitizing, distancing and respecting the recommendations of the IJF protocol. All participants have the mutual responsibility to protect one-another.

**Only persons who have a vaccination or recovery certificate participate in the competition and are present at the venue.**

A distance of two meters is observed, and mouth and nose covering is used (except for athletes during sports competitions).

Competition will be held without spectators. Only athletes, coaches, referees and organizers of the competitions are allowed to be at the competition place.